

The Holton News

— MANOR

SEPTEMBER
2021

Skilled Nursing • Inpatient & Outpatient Rehab Therapy • Aquatic Therapy • Respite Care • Hospice Care

Please check our website or call for updated information about our visitation policy.

WISH List

- Holton Manor's Activity Department is always looking for Large Print books to be donated.



Dear Holton Manor residents and families

Visitation Guidelines:

Hello all. I had hoped to send this newsletter out without containing COVID-19 information. Unfortunately, that will no longer be the case due to the increase in transmission and positivity rate for Walworth County. Since we see an increase in cases each week, I wanted to give you all a reminder of how an outbreak status can affect our visitation status.

At this time the CDC has not changed the definition of a COVID-19 outbreak in a long-term care facility. What that means for us is any ONE staff member or resident will put us

into outbreak status. When we go into an initial outbreak, we suspend all visitation regardless of which unit in the facility is affected. At that time, we also test all staff and residents regardless of vaccination status weekly. Based on the results of weekly testing, it determines when visitation can resume. Please make sure that we have the most current email to reach you as we communicate most of our COVID-19 updates and visitation updates via email. As always you can feel free to reach out to me with any questions or concerns.

Regards,

Jess Kuhart, BSN, RN, LNHA

Holton

— MANOR

645 N. Church Street, Elkhorn, WI 53121
262.723.4963

Jessica Kuhart, Administrator

 Like Us On Facebook

As a non-profit 501c3 community, we thank you for supporting our mission of service to seniors through tax-deductible donations of cash or useful items.

Please call our office.



Wisconsin Illinois
SENIOR HOUSING INC.

HoltonManor.org

WE ACCEPT CREDIT CARDS

Check out these Google Reviews!

"A beautiful facility with a very caring team. A rehab and longterm care facility that also does a lot of outpatient therapy and has a pool for aquatic therapy. Would highly recommend. I tried to get a family member in here but there was a waiting list as all beds were full."

— Christine S.

"Holton is unique. It has an aquatic therapy program and a lymphedema program. Teamwork is spot on. I would recommend the facility to everyone." — Steve S.

You can leave us a review too; visit <https://bit.ly/goo-hm>

Sudoku

| | | | | | | | | |
|---|---|---|---|---|---|---|---|---|
| | 4 | | | 1 | 7 | | 5 | 3 |
| | 3 | | | 2 | | | | 8 |
| | | 8 | | | | | 7 | |
| | 7 | | 1 | 8 | | 5 | 6 | |
| 8 | | 6 | | 4 | | | 3 | |
| | 2 | 3 | 7 | | | | 1 | |
| | | | | 6 | 1 | | | |
| | | 1 | 3 | 7 | | 6 | | 5 |
| | 6 | | 4 | | 8 | 3 | | 1 |

Five Practices for Achieving Excellent Self-Care

1. Cover the Basics - Eat Right, Exercise, and Get Enough Rest -

Making even small changes in these areas will increase your energy levels and ability to focus.

2. Schedule "Down Time" Every Day -

Learning how to slow down and recharge may take some time, but the benefits are well worth it.

3. Find a Great Doctor or Two!

Make sure the doctor listens to your feelings and concerns, and answers your questions. If you've been to a doctor a few times and they never

remember your name, face, or circumstances, it may be time to find a new doctor.

4. Indulge in Your Passions -

Schedule in regular time to indulge in the activities that you are passionate about. It will help keep you happy, positive, and motivated! And you deserve it!

5. Surround Yourself with Happy and Helpful People -

Energy is infectious, and we absorb others' positive energy just as easily as we absorb others' negative energy.



Happy Birthday

Best wishes to our staff and residents celebrating birthdays this month.

A scholarship for rising stars. Apply today.



Deadline: Oct 1

Open to all employees and high school students in IL & WI. Health care interest a plus but not required. Scan QR for info or to apply.



Residents

| | |
|------|------------|
| 9/9 | Dolores M. |
| 9/21 | Janet S. |
| 9/23 | Lamar D. |
| 9/27 | Vincent F. |
| 9/30 | Bonnie C. |

Staff Anniversaries

| | |
|-----------------|-----------|
| Monica Callahan | 9/3/20 |
| Kari Cruz | 9/26/2007 |
| Nikole Gibson | 9/3/2020 |
| Wendy Hasse | 9/7/2016 |
| Kailey Ruhl | 9/30/2020 |
| Jaimie Thomazin | 9/26/2018 |

Activity Highlights

9/2 - Walworth County Fair

9/6 - Labor Day Celebration

Resident Outreach

Program September

Project: Gift bags for pediatric cancer patients at Children's Hospital of Wisconsin

9/7 - Back To School Celebration

Job Postings

- Nurses:** PPT 2nd shift
Casual every other weekend
1st shift
- CNAs:** PFT 40 hours/week
Casual 1st shift
- Van Driver:** Friday transportations
- Kitchen:** FT 1st shift
Dietary Aide
Dietary aides 2nd shift
3pm-7pm

DONATE SAFELY AND EASILY ONLINE:

HoltonManor.org/Donate